



# THE REDEEMER SPIRIT

MARCH 2020

A monthly publication of The Episcopal Church of the Redeemer, Bethesda, Maryland

## WHAT'S AT REDEEMER TODAY

Blood Drive at Redeemer  
March 17th  
from Noon to 5:00pm



American  
Red Cross

**Give a pint on St. Paddy's Day** and save a life!  
Use the sign-up sheet in the parish hall or  
contact Bob Yates at 240-205-5783 or  
bob@bobyates.net, or go to [redcrossblood.org](http://redcrossblood.org).



Daylight Savings Time  
begins on March 8th!  
Spring Forward to avoid  
church arrival  
embarrassment.

### *Looking Ahead:*

Collar and Coffee with Amma Cricket, Thursdays at 10am  
At the Mall at Sumner Place

- Lent I, March 1
- Youth Group & First Inquirers Class, March 4
- Rector's Welcome Lunch, March 7
- Blood Drive, March 17
- Chamber Music Day with KASSIA, March 21
- Bach Cello Suites with Juliana Soltis, March 21
- P.R.A.Y. feeds the homeless at Bethesda Cares, March 22
- Repent and Repair, March 28
- Mozart Requiem, April 4
- Palm Sunday, April 5
- Easter Sunday, April 12

### *Inside this Issue:*

Sr. Warden Message-2  
Rector Message-3 **TheFIVE**  
Parish Life-4  
Youth-5  
Music-6  
Calendar-7-8  
Parish Life-8  
Birthdays-10  
Worship Assistants-12  
On-line Links-13

## FROM THE SENIOR WARDEN

Dear Friends,

Spring seems to be springing a little early this year. And here we are, once again in Lent. Lent has always been a season of waiting – for new life, for Spring, for Easter. When waiting, we are also preparing – with reflection and introspection, with anticipation and wonder, with repentance and good works.

While Lent may be personal for each of us, I hope that Lent may also be a time for each of us to join with others. There are so many ways to join in worship and study and fun with other Redeemer parishioners!



- Of course, there are opportunities each week to join in worship. On Sundays, there are now Eucharist services at 8:00 am, 10:30 am, and **The FIVE!**
- Maybe you are looking for a new practice this Lent. Don't forget that there is a Eucharist at Noon every Wednesday!
- Every Sunday at 9:15 (between the services), there is an adult forum (with coffee, of course). Throughout the Epiphany season, a lively group discussed what is it meant to be called by God. During Lent, the adult forum will begin by discussion what practices of Lent work for each of us, and then it will focus on other aspects of Lent, including the Saints in Lent.

Please read through this whole March newsletter and each week's service leaflet to keep up on all the things that are going on ~ Book Club, Day of Music, cello concert, How to Be Episcopalian, Newcomers' Lunch...too many details to fit here.

“Many hands make light work.”

On Saturday morning, March 28, we will join together to do the kind of work that all families need to do on our Repent and Repair day. This is an opportunity to spruce things up and make our church safer and more welcoming. It is also a time to spend time with other parishioners – old friends or others who just might become old friends. Please sign up and share this time with the Redeemer family.

I wish you all a good and blessed Lent.

**Marie Caulfield**  
Senior Warden

**Don't forget to vote for your saints throughout Lent. Go to [www.LentMadness.org](http://www.LentMadness.org) each Monday through Friday (and Saturday, February 29th) to cast your vote in each bracket.**



# FROM THE HEARTH

As I write this, I'm looking at a very busy last week of February, which includes a Vestry retreat, the Shrove Tuesday pancake supper, and Ash Wednesday. Lent has arrived!

Your new wardens, Marie Caulfield and Jo Barclay-Beard have been making a list and checking it twice regarding Building maintenance. The Repent and Repair project created by the revitalized Building and Grounds committee is described elsewhere in this newsletter. Your involvement will be a blessing to us all.

I am excited about our new service - **TheFIVE** - that begins on March 1<sup>st</sup> at (duh) 5:00pm. **TheFIVE** isn't your grandmother's Episcopal church service. It does inhabit the frame of the Eucharistic Service proscribed in the *Book of Common Prayer* (p. 400-401). I hope you will avail yourself of this afternoon offering at least once during Lent. If the time doesn't work for you, we will use the same format for the Tuesday in Holy Week service. Perhaps that can be your chance to experience this contemplative and multi-sensory worship. The substantive poem *Ash Wednesday*, written by T. S. Eliot on his conversion to Anglicanism in 1927, will form a sweep of reflective cadence across the season.



My Lenten discipline this year is to substitute evening computer time with reading time. I hope to read the books I purchased at the Sewanee conference, as well as finishing a piece of nonfiction or two. So, if you're playing Words with Friends or Scrabble with me, I'll catch up on Sundays!

We'll have more information about the Vestry Retreat in the weekly newsletters that are distributed on Sunday mornings. If a part of your Lenten discipline is self-examination, know that the sacrament of confession is available by appointment. Don't be surprised if your godly admonition afterward is to **sign up for Repent and Repair items on March 28<sup>th</sup>!**

See you in church!

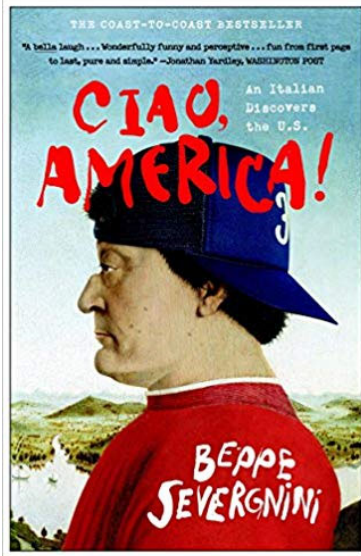
*Amma Cricket+*



**MEN'S RETREAT 2020**  
 Friday through Sunday April 17 - 19.  
 Meeting for our **TENTH** annual weekend retreat, men of the Church of the Redeemer will gather in Berkeley Springs, West Virginia, on the weekend of April 17 - 19 with David Schlafer as our convener, to share experiences and reflections, and enjoy each other's company. Mark your calendars and plan to be there. The cost will again be \$200 each. This includes room and meals. Scholarships are available!

Please add your name to the Sign-up sheet in the parish hall.  
 Questions: [jefferson7019@aol.com](mailto:jefferson7019@aol.com)

## PARISH LIFE



### Redeemer Book Club

We are now scheduled to read "Ciao America" by Beppe Severgnini. The book is a delightful read, full of wonderful anecdotes that

capture the absurdities of life in America. After spending a year in the US, Severgnini writes in a jovial, enthusiastic way about the people he meets, teasing them with his sharp wit. He is not laughing at us, but with us. The book will be discussed at 3:00 pm on March 8, 2020 at the home of Huda & Jochen Kraske, 4550 North Park Avenue, Apt. 410, Chevy Chase, Md. 20815.

Questions? Contact Huda at [hqkraske@aol.com](mailto:hqkraske@aol.com)

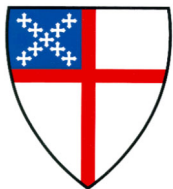


### REDEEMER MEN'S THIRD FRIDAY LUNCHEON GROUP

Beginning a while ago, a group of mostly retired men began gathering for a **fellowship lunch on the third Friday of the month**. The group discusses whatever is on their collective minds and catches up on how they are all doing. Being older and retired, sometimes the discussion centers on health, other times on household management, sometimes investment philosophies, national politics, the economy, and, of course, life in the parish. Monthly attendance has varied from as few as 4 to as many as 11.

We usually gather in the bar at the Irish Inn at Glen Echo at 11:30. But we have ventured to other locations, including the home of Ben Ivins. A reminder email with the location and time is sent to all interested persons early in the week we are meeting. If you would like to know more about the group, or be put on the email list, contact Denny Shaw ([shawdf22@gmail.com](mailto:shawdf22@gmail.com)) or Bob Dresser ([Robert.dresser@gmail.com](mailto:Robert.dresser@gmail.com)).

#



Krz #wr#eh#

Hs lvfrsdddq#

*Sign-up for Classes!*

Amma Cricket offers a series of instructional classes for anyone new to the Episcopal Church or to Redeemer. We'll be using a text by the Rev'ds Scott Dunn and Melody Wilson Shube entitled *Walk in Love: Episcopal Beliefs & Practices*. It covers the basic beliefs of Anglican Christianity, the sacraments, the Book of Common Prayer, and what it means to live a life centered in the Trinity. Meeting nights are March 4 and 11, and April 1, 15, and 29. All are Wednesdays at 7:30pm. Please e-mail Cricket ([rector@redeemberbethesda.org](mailto:rector@redeemberbethesda.org)) to register. These classes will fulfil the requirements for confirmation or reception at the National Cathedral in May.

# YOUTH NEWS

## Potomac River Anglican Youth

### P.R.A.Y. News

Bethesda Cares Dinner in March is the service project for P.R.A.Y. this month. Youth will gather at Redeemer to prepare dinner for 40-50 homeless people and then take the feast to Our Lady of Lourdes. Please mark your calendar for March 22<sup>nd</sup> at 2:00 pm to do the cooking and 4:00 pm for delivery. Each youth should plan to bring one or two rotisserie chickens to the preparation that afternoon. Other food needs will be sent out closer to the date.



Yaa Addison



## Youth Group

What do you believe? That's the question Amma Cricket asked the youth in February. To stimulate discussion at the March meeting, each person chose a line from the Apostle's Creed. The assignment is to create a poem, story, sculpture, movie, song, or something else creative to communicate what they believe regarding the line they chose. We're looking forward to seeing the results over the next few months. The March meeting is on the 4<sup>th</sup> beginning with supper at 6pm. Please let Cricket know who and how many are coming! *Parents: If you are able, please come to the supper portion of this meeting in order to talk about the Rite 13 ceremony coming up on March 15th.*





## MUSIC AT REDEEMER

**March 21, 7pm,  
Bach Cello Suites,  
Juliana Soltis**

Last month we were spoiled with *two* fabulous concerts that featured string ensembles—the Heimat Quartet and KASSIA MUSIC. The KASSIA concert had a superb premiere of two piano works for the left hand only by Sam Post, and the F Minor clarinet sonata by Brahms. This month, KASSIA MUSIC will run a chamber music day for all ages on March 21, and in the evening, the international cellist, Juliana Soltis will be performing two of the timeless cello suites by Bach. The reception on the 21 will *follow* the concert to accommodate the end of the Chamber Music Day. So, a rich diet of strings!

The Choir will be rehearsing for another co-production with Bradley Hills. On April 4, we will be joining their choir and orchestra to perform the (mainly) **Mozart *Requiem***.



Tickets for that event are available now:

[www.bradleyhillchurch.org/concerts-at-bradley-hills](http://www.bradleyhillchurch.org/concerts-at-bradley-hills)



During worship this Lent, many of you will recognize psalm texts that John Rutter incorporated into his *Requiem* that we sang for All Souls' Day last year. As is our custom, we will be chanting the words to Gregorian modes—and seeking to find God in the stillness at the midpoint of each verse. I commend those moments of detoxing calm to each of you, particularly if you drive in this area... And those of you who enjoy finding those glimpses of contemplative space within morning worship will love the new 5 o'clock service, handily named, **TheFIVE** which has 15 minutes of contemplation built-in to a 45-minute service. I hope to see many of you there as we explore new ways of being open to old words.

Geoffrey Silver  
Director of Music Ministries

**Ticket Prices:** \$25 general admission \$20 seniors  
**FREE** to fulltime students and children, and  
privately via Amma Cricket to anyone in need

Special saving packages:

- “**You Choose Flexi-Pass**” - four admissions \$60 (for example choice can range from single admission to 4 individual concerts to 4 admissions to one) on a punch card.
- **Group pricing** (for example a van from a retirement facility) - call for information.

## Parish Calendar

### Sunday, March 1

The First Sunday in Lent  
8 - 9am  
Holy Eucharist  
9:15 - 10:15am  
Adult Forum & Child Care  
10:30 - 11:45am  
Holy Eucharist  
5 - 6pm  
THE FIVE Service

### Monday, March 2

Church Office Closed  
12 - 1pm  
AA Meeting

### Tuesday, March 3

10am - 12pm  
Tutoring  
11am - 12pm  
Voice lessons  
1:30 - 2:30pm  
Staff Meeting  
7:30 - 9:30pm  
Singing Group  
7:30 - 8:30pm  
AA Meeting

### Wednesday, March 4

12 - 1pm  
AA Meeting  
12 - 1pm  
Holy Eucharist  
4:30 - 5:30pm  
Youth Choir rehearsal  
6 - 7:30pm  
Youth Group @ Redeemer  
7:30 - 8:30pm  
Inquirers' Class

### Thursday, March 5

10 - 11:30am  
Collar & Coffee  
Safeway, 4701 Sangamore Rd,  
7:30 - 9:30pm  
Adult Choir rehearsal

### Friday, March 6

9am - 12pm  
Music Together  
12 - 1pm  
AA Meeting  
6:30 - 7:30pm  
Al-Anon Meeting  
8:30 - 9:30pm  
AA Meeting

### Saturday, March 7

12 - 2pm  
Rector's Welcome Lunch

### Sunday, March 8

The Second Sunday in Lent  
Daylight Saving Time starts  
8 - 9am  
Holy Eucharist  
9:15 - 10:15am  
Bible Study & Child Care  
10:30 - 11:45am  
Holy Eucharist  
2 - 3pm  
5 - 6pm  
THE FIVE Service

### Monday, March 9

Church Office Closed  
12 - 1pm  
AA Meeting

### Tuesday, March 10

10am - 12pm  
Tutoring  
11am - 12pm  
Voice lessons  
1:30 - 2:30pm  
Staff Meeting  
7:30 - 9:30pm  
Singing Group  
7:30 - 8:30pm  
AA Meeting

### Wednesday, March 11

12 - 1pm  
AA Meeting  
Parish Hall  
12 - 1pm  
Holy Eucharist  
4:30 - 5:30pm  
Youth Choir rehearsal  
7:30 - 8:30pm  
Inquirer's Class

### Thursday, March 12

10 - 11:30am  
Collar & Coffee  
Safeway, 4701 Sangamore Rd,  
7 - 10pm  
Balkan Dancers Master Class  
7:30 - 9:30pm  
Adult Choir rehearsal

### Friday, March 13

9am - 12pm  
Music Together

12 - 1pm  
AA Meeting  
6:30 - 7:30pm  
Al-Anon Meeting  
8:30 - 9:30pm  
AA Meeting

### Sunday, March 15

The Third Sunday in Lent  
8 - 9am  
Holy Eucharist  
9:15 - 10:15am  
Bible Study & Child Care  
10:30 - 11:45am  
Holy Eucharist  
10:30 - 11:30am  
Rite 13 service  
5 - 6pm  
THE FIVE Service

### Monday, March 16

12 - 1pm  
AA Meeting

### Tuesday, March 17

10am - 12pm  
Tutoring  
11am - 12pm  
Voice lessons  
12 - 5pm  
Red Cross Blood Drive  
1:30 - 2:30pm  
Staff Meeting  
7:30 - 9:30pm  
Singing Group  
7:30 - 8:30pm  
AA Meeting

### Wednesday, March 18

12 - 1pm  
AA Meeting  
12 - 1pm  
Holy Eucharist  
4:30 - 5:30pm  
Youth Choir rehearsal  
6:30 - 9pm  
Vestry Meeting

### Thursday, March 19

10 - 11:30am  
Collar & Coffee  
Safeway, 4701 Sangamore Rd  
7:30 - 9:30pm  
Adult Choir rehearsal

### Friday, March 20

9am - 12pm  
Music Together

12 - 1pm  
AA Meeting  
6:30 - 7:30pm  
Al-Anon Meeting  
8:30 - 9:30pm  
AA Meeting

### Saturday, March 21

9am - 5pm  
Kassia/Chamber Music Day  
Calendar: Redeemer Calendar,  
Accepted  
5 - 9pm  
Bach Cello Suites

### Sunday, March 22

The Fourth Sunday in Lent  
8 - 9am  
Holy Eucharist  
Sanctuary  
9:15 - 10:15am  
Bible Study & Child Care  
Sunday, March 22  
10:30 - 11:45am  
Holy Eucharist  
5 - 6pm  
THE FIVE Service

### Monday, March 23

Church Office Closed  
12 - 1pm  
AA Meeting  
Parish Hall

### Tuesday, March 24

10am - 12pm  
Tutoring  
11am - 12pm  
Voice lessons  
1:30 - 2:30pm  
Staff Meeting  
7:30 - 9:30pm  
Singing Group  
7:30 - 8:30pm  
AA Meeting

### Wednesday, March 25

12 - 1pm  
AA Meeting  
12 - 1pm  
Holy Eucharist  
Sanctuary  
4:30 - 5:30pm  
Youth Choir rehearsal  
7 - 8pm  
Deanery Wardens meeting  
St. Dunstan's Church

(Continued on page 8)

# Parish Calendar continued

(Continued from page 7)

## Thursday, March 26

10 - 11:30am  
Collar & Coffee  
Safeway, 4701  
Sangamore Rd  
7:30 - 9:30pm  
Adult Choir rehearsal

## Friday, March 27

9am - 12pm  
Friday, March 27  
12 - 1pm  
AA Meeting  
Sanctuary  
6:30 - 7:30pm  
Al-Anon Meeting  
8:30 - 9:30pm  
AA Meeting

## Sunday, March 29

The Fifth Sunday in Lent  
8 - 9am  
Holy Eucharist  
9:15 - 10:15am

Bible Study & Child  
Care

10:30 - 11:45am

Holy Eucharist

5 - 6pm

THE FIVE Service

## Monday, March 30

Church Office Closed

12 - 1pm

AA Meeting

## Tuesday, March 31

10am - 12pm

Tutoring

11am - 12pm

Voice lessons

1:30 - 2:30pm

Staff Meeting

7:30 - 9:30pm

Singing Group

7:30 - 8:30pm

AA Meeting

Calendar items are subject to change. Please see the calendar online for the most up-to-date schedule.

**IMAGINE!**  
God's Earth and  
People Restored

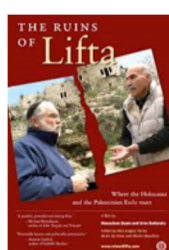
**National Gathering & Lobby Day**  
April 24-27, 2020 • Washington, D.C.

ECUMENICAL ADVOCACY DAYS  
FOR GLOBAL PEACE WITH JUSTICE



**The Truth: Lost at Sea**, the second screening of the Voices From the Holy Land (VFHL) 2020 film series, will be presented **Sunday, March 1** at 2 pm, Washington National Cathedral (DC). The series is free to the public. VFHL is a locally based volunteer group whose mission is to raise awareness and understanding of issues through the voices of Palestinians and Israelis, and especially to give a voice to the voiceless. The Episcopal Church of Redeemer is among 48 faith organizations supporting VFHL.

**Synopsis:** Directed by Rifat Audeh, the film tells the story of the Gaza Freedom Flotilla, a convoy of ships carrying humanitarian aid in an effort to break Israel's blockade of Gaza in 2010. The flotilla's participants are concerned citizens from around the globe who came together on a life-changing voyage to alleviate the suffering of strangers. It shows the Israeli attack upon their flotilla, with both footage that was broadcast and more that was smuggled off the ships, and analyzes the claims of Israeli spokespersons in the aftermath of the IDF's killing of numerous activists. Those claims are juxtaposed with the survivors' story and their statements before, during and after the attack, and includes never-before-seen footage from aboard the vessels. The last film in the series is **The Ruins of Lifta**, Mar 15 at 2 pm, Universalist Unitarian Church, Arlington (VA). For more information, contact Cathy Baker at bakercxa@gmail.com



**The Ruins of Lifta**, the third and final screening of the Voices From the Holy Land (VFHL) 2020 film series, will be presented **Sunday, March 15** at 2 pm, Universalist Unitarian Church, Arlington (VA). The series is free to the public. VFHL is a locally based volunteer group whose mission is to raise awareness and understanding of issues through the voices of Palestinians and Israelis, and especially to give a voice to the voiceless. The Episcopal Church of Redeemer is among 48 faith organizations supporting VFHL.

**Synopsis:** Lifta is the only Palestinian village abandoned in the 1948 Arab-Israeli war that was not subsequently destroyed completely or repopulated. Its ruins are the backdrop for a confrontation between mega-narratives underlying the conflict: the Nakba and the Holocaust. Co-director Menachem Daum (with Oren Rudavsky)--an Orthodox Jew from Brooklyn whose Holocaust research opened his eyes to a tragedy born from an earlier tragedy--meets Yacoub Odeh, a Palestinian expelled from Lifta. Odeh leads the struggle to save Lifta from Israeli plans to build luxury villas. The two join forces, and a climactic encounter between a Holocaust survivor and a Nakba refugee ensues.

**For more information, contact Cathy Baker at bakercxa@gmail.com**



## The Lenten Altar

Certainly you have noticed that during Lent, our altar becomes barren. The sacred vessels are switched to ceramic, which is a humbler and less delicate material than the silver used at other times of year. The altar flowers are replaced with garden detritus that are lifeless and unchanged for the entire season.

Why is this?

Lent commemorates the period immediately after Jesus's baptism, when he was infused with the Holy Spirit. Jesus spent those forty days fasting and praying while resisting the temptations of Satan. The Lenten altar reminds of us our Lord's self-denial and time of prayer as he was forged into the Light of the World. It also focuses our awareness on the death that comes before life. In the words of Jesus: *I am the resurrection and the life. The one who believes in me will live, even though they die.*



You'll notice that the altar hangings and the priest's chasuble remain vibrant. They are purple, a royal color, to remind us that Christ is King.

We are encouraged to use this season for self-denial, as Jesus denied His own physical wants while God built up his spiritual being. Many of us use this time for contemplation of our relationship with God, repentance of our waywardness, and supplication for the strength to change. The altar provides a visual focus for this period of introspection and prayer.

It is through opposites that we see more clearly. And so, at Easter, the glorious transformation of the altar helps us experience the ecstasy of Christ's resurrection. If you have not paid much attention before to the seasonal changes of the altar, Lent is a good time to look more closely.

*Do you want to more deeply experience the meaning of the altar? Join the Altar Guild.*

**Contact Helen Zitomer at [hzitomer@yahoo.com](mailto:hzitomer@yahoo.com).**

## REPENT AND REPAIR

(A Day of Lenten Service)

Lent is a time of prayer and repentance – turning around and changing direction; a time of preparing for the rejuvenation that is Easter. In this spirit the Buildings and Grounds Committee invites you into Repent and Repair! On March 28<sup>th</sup> from 9:00 a.m. to 12:00 p.m. we will have a morning of repairing many of the “little things” that have been left undone and do not require professionals. These include some projects that cost absolutely no money but need physical effort, some projects that may need a small outlay of cash as well as manual labor and some projects that need only your cash – no physical labor involved. Sign up for a project and meet us on March 28<sup>th</sup> or, if you are unable to participate that date, select a project and complete it on your own time (preferably during Lent). If a project is too big for you to complete on your own then join with another person or family and complete it together.

What can you do?

SORT (basement storage, kids' school supplies, the kitchen, documents)

Take down and clean the light covers (remove the bugs)

Wash windows (one window or a room full of windows – or the whole parish hall)

Clean the refrigerator and/or stove

Add kneelers to the chairs

There are many other projects too. Just ask.

Help us refresh Redeemer during this holy season by taking ownership of our worship space.

## FROM BISHOP MARIANN



## March Birthdays

Julia Dohner  
 David Riggs  
 River Amouri  
 William MacBain  
 Patrick Tucker  
 Elizabeth Carr  
 Steve France  
 Shannon Yehl  
 Charlotte Roberts  
 Toni Strother  
 Jefferson Arrington  
 Justin Cinkala  
 Athena Hoogerheide  
 Sally Pugsley  
 David Winer  
 Anna Roberts  
 Toyin Rose  
 Robert Yates  
 Nathan Price  
 Caroline Sherrard  
 Loa Jane Tomasson  
 Olivia Tomasson  
 Scott Williams



## Following Jesus in Anxious Times

Sometimes I buy a book based on the title alone. Sitting in the office of the priest I see for spiritual counsel, this title caught my

eye: *Following Jesus: Finding Our Way Home in an Age of Anxiety* by the late Henri Nouwen. In an instant I knew that this was to be my reading companion in Lent. If you're still looking for Lenten inspiration, I invite you to join me.

Published in 2019, *Following Jesus* is based on six talks that Nouwen gave for a church in Boston in Lent 1985. It was a particularly unsettled season in his life. Two years earlier, he had returned from a failed missionary effort in Peru that had left him isolated and restless. He then accepted a prestigious teaching position at Harvard Divinity School, but the competitive academic atmosphere only added to his feelings of loneliness and uncertainty.

Thus his topic-how to follow Jesus in an anxious time-wasn't theoretical for Nouwen. Reading his words, you can feel his soul-searching energy.

## Thanks to all who helped with this year's Pancake Supper!

Chrissy deFontenay for the food and Steve Park for helping to retrieve it. Marie Caulfield and Callum Riggs for the decorating. Tom McNaugher, David Winer, Karen Stewart, and anyone else who helped in the kitchen. Silvia Maza, for leading the clean-up efforts. Geoffrey Silver for leading us in song.

AND

Everyone who came to eat and be merry. (As well as anyone the rector forgot. Mea Culpa.)



## HEALTH MINISTRY

### G is for Germs: Viruses and Church

We all need to plan for a time when we may need to do church differently because of the threat of illness. This isn't about a common cold or seasonal flu. This plan is about the possibility of a pandemic, such as the coronavirus, at our doorstep.

First, don't panic. There is no indication that anyone from Redeemer has been exposed to this virus.

However, we can begin to take precautions. We can switch from shaking hands at the peace to an 'elbow bump' or to bow to each other and wish each other peace. If you do shake hands, please use hand sanitizer afterward.

You're asked to consider not using intinction when you receive communion. Why? Well, here are a few reasons:

1. After we pass the peace, especially if you have shaken hands, you are germy.
2. Putting the wafer into your hand makes it germy.
3. Dipping the wafer into the wine (or grape juice) make the wine/juice germy.

It is more hygienic to receive the wine from the chalice. The chalice bearers are trained to wipe the rim each time and turn the chalice. We use Port as

our sacramental wine. It has more alcohol content than regular wine and will do away with many germs. Alas, grape juice does not have this magic quality. So, if you are dipping the wafer into grape juice you are helping the germs multiply. Receiving the bread alone is full communion. It is not required that you receive the wine. If you don't want to drink from the common cup, please just touch the bottom of it when the chalice bearer comes to you. This is an acceptable way to acknowledge and participate in the sacrament.

Health experts agree that common sense preventative practices are the most effective disease control. These include:

- Frequent, effective hand-washing
- Staying home when sick
- Covering your mouth when sneezing or coughing (using a tissue or elbow instead of hands)

As we are in close contact during our worship and in community, it is especially important that we practice and promote personal hygiene.

Should we become exposed to this virus, traditions like our high-contact Peace and the use of grape juice will need to be set aside in the interest of health.

Thank you for your understanding and pray for a quick end to flu season!



## WORSHIP ASSISTANTS FOR APRIL

position	5-Apr	4/12/2019 Easter	19-Apr	26-Apr
8am Lector	Sally Pugsley	Rachel King	Dean Cinkala	Susan Grigsby
8am Chalice	Marie France	Tami McMinn	Susan Grigsby	Marie France
Usher	Jefferson Arrington	Jefferson Arrington	Jefferson Arrington	Jefferson Arrington
Usher	Meredith Griggs	Ben Ivins	Mary K Young	Michael Mershon
Acolyte	Thad Arrington	Olivia Tyler	Olivia Tyler	Helen Zitomer
Lector	Mary Helen Carlson	Clark Downs	Karen Stewart	Bob Yates
Lector	Mary K Young	Patricia Snowden	Cathy Arrington	Michael Mershon
Intercessor	John Nelson	Clark Downs	Judy James	Peggy Tucker
Chalice	Peggy Tucker	Patricia Snowden	Ben Ivins	Jenny Nachbar
Chalice	Michael Hart	Bill MacBain	Justin Hess	Judy James
Chalice	Jenny Nachbar	Steve France	Helen Zitomer	Chrissy DeFontenay
Healing			Peggy Tucker	
Healing			Chrissy de Fontenay	
Healing			Justin Hess	
Healing			Thad Arrington	
Counter	Deborah Babcock-Daley	Jane Dealy	Melinda Nelson	Ben Ivins
Counter	Melinda Nelson	Ben Ivins	Mary K Young	Cathy Arrington
FIVE Lector				
FIVE Chalice				

**We need volunteers for Holy Week  
And The FIVE.**

Monday: Lector and Chalice  
 Tuesday: Lector and Chalice  
 Wednesday: Lector

Thursday: Lector and Chalice  
 Friday and Saturday the service is at St Dunstan's

Let Bob Yates know your preference!  
 bob@bobyates.net

## REDEEMER IS ON-LINE

### ON-LINE PLEDGING AND DONATIONS

*Pledge payments:* Payments can be made on a pledge (one-time/monthly/weekly) using a checking/savings account or with a credit/debit card. Participants can create a profile, set up recurring payments and make one-time donations. Donors may also choose to cover the service fee if they wish to do so. A receipt for each and every payment will go to the donor and to the Parish Office. For donations of stock, please contact the Parish Office.

For the Pledge Campaign, you may complete an electronic pledge card, send it to the office, and then continue on to set up payment. Printed pledge cards are available in the Narthex and in the Parish Hall.

*Donations:* Donations can be made using the on-line service for parish programs, such as Altar Flowers, Friends of Music at Redeemer, Memorials, and other ad hoc donations. These will all be one-time payments.

*Payment Information:* Payment information is secure. Access is only possible by the donor, Vanco and the Parish Office through specially set up passwords and access codes.

### Church of the Redeemer on Social Media

Please connect with Redeemer and the Rector through these social media platforms:

**Facebook:** Episcopal Church of the Redeemer, Bethesda, Maryland  
**Facebook:** Cricket Park *and* RedeemerBethesda  
**Twitter:** @VicarVirtual  
**Linked In:** Cricket Park  
**Instagram:** parkcricket *and* redeemberbethesda  
**YouTube:** *see the note below...*

Events are posted on Facebook only. Please respond to these invitations so that we have accurate information about who will be attending. Thanks!

**YouTube:** We are trying to reach *100 subscribers* on our Music at Redeemer YouTube videos. Please help us! All you need to do is be logged into your gmail, and click the red “subscribe” button on one of our concert videos. Click here to see how easy it is to help support this ministry, bringing our concerts to those unable to attend: <https://youtu.be/U3RcamVYFF4> When we reach 100 subscribers, we can set the account with a dedicated URL, making publicity easier with a link somewhat more catchier than the above! ***Currently 31 to go!***

## FINANCIAL REPORT

<u>Church of the Redeemer Profit and Loss Statement January 31, 2020</u>	January Actual	January Budget	Jan. Over (Under) Budget	Annual Budget
<b>INCOME</b>				
2019 Pledge Payments	169,047	173,554	(4,506)	465,420
2019 Over Pledge	439	417	22	5,000
2019 Non-Pledge	16,776	2,083	14,693	25,000
2018 Pledges	1,000	0	1,000	0
Loose Plate Offering	528	333	195	4,000
Special Offerings	0	200	(200)	2,400
Event & Activity Income	0	1,362	(1,362)	16,350
Facilities Use	1,358	1,250	108	15,000
Other Income	80	417	(336)	5,000
<b>Total Income</b>	<b>189,228</b>	<b>179,616</b>	<b>9,612</b>	<b>538,170</b>
<b>EXPENSE</b>				
Administration Expense	2,066	3,800	(1,733)	45,600
Diocesan Giving	3,333	3,333	(0)	40,000
Discretionary Account	0	83	(83)	1,000
Maintenance Expense	5,479	6,396	(917)	76,750
Outreach Giving	0	0	0	0
Personnel Expense	23,628	24,587	(959)	295,046
Program Expense	1,196	2,975	(1,779)	35,700
Property Expense	3,896	3,917	(21)	47,000
<b>Total Expense</b>	<b>39,598</b>	<b>45,091</b>	<b>(5,493)</b>	<b>541,096</b>
Net Operating Income	149,630	134,525	15,105	(2,926)

Set forth in the adjoining table are Church of the Redeemer's financial operating results for the month of January. January income includes carry-in of prepaid income items from 2019 designated for 2020 as follows: 2020 pledge (\$147,020), 2020 non-pledge (\$15,000), and 2020 over pledge (\$439). The January budget for pledge income is adjusted to take the prepaid amount into account. Since pledge income is front-loaded by the carry-in, "Over (Under) Budget", rather than "Actual", is the better income benchmark for assessing financial performance.

Please feel free to contact me if you have any questions about Redeemer's finances.

**Stephen L. Gibson**  
Treasurer

## HOLY WEEK

### Holy Week Schedule for Redeemer and St. Dunstan's

Evening services April 6-8 will be at 7:00pm at Redeemer. Our friends at St. Dunstan's have been invited to join us in worship. Good Friday evening service and The Great Vigil of Easter will be at St. Dunstan's, with our choir alongside St. Dunstan's.

**April 5, Palm Sunday**, services at 8:00am, 10:30am, and **TheFIVE** .

**April 6, Monday** in Holy Week, Holy Eucharist with prayers for healing and reconciliation at Redeemer: **7:00pm**

**April 7, Tuesday** in Holy Week, Holy Eucharist in the style of **TheFIVE** at Redeemer (but will be held at **7:00pm** )

**April 8, Wednesday** in Holy Week, Holy Eucharist at **Noon** at Redeemer

**April 8, Wednesday** in Holy Week, Evensong at Redeemer, **7:00pm**

**April 9, Maundy Thursday** Agape dinner at 6:00pm, Holy Eucharist with foot washing and stripping of the altar at Redeemer **7:00pm**

**April 10 Good Friday** Stations of the Cross, Noon at Redeemer

**April 10 Good Friday** Liturgy, at St. Dunstan's—at the later time of **7:30pm**

**April 11 Holy Saturday** The Great Vigil of Easter, at St. Dunstan's—at the later time of **7:30pm**

**April 12 Easter Day**, 8:00am and 10:30am at Redeemer ( **TheFIVE** will not be held on Easter)

**April 19, Low Sunday**, 'Third Sunday' will be slightly different this month, with music led by the Bethesda Chamber Singers.

### Seeing the Face of God in Each Other—Anti-Racism Workshop

This training satisfies canonical requirements for anti-racism training in the Episcopal Church, and certificates verifying completion will be issued after completion of the two-day training. For the first time, we are offering the workshop on consecutive Saturdays. Participants must attend both Saturdays consecutively, March 14, 2020 and March 21, 2020, 8:30 a.m. - 4 p.m., to receive credit.

The "Seeing the Face of God in Each Other" workshop provides an opportunity for people from different racial and ethnic backgrounds to explore the history of institutionalized discrimination in our society. Whether you're just beginning this work or are a long-time advocate of racial justice, all participants will benefit from the training's goal of trying to find common ground from which to continue our shared endeavor of building the beloved community in the diocese and beyond.

Email [raceandjustice@edow.org](mailto:raceandjustice@edow.org) with any questions.

## PARISH CLERGY & STAFF

The Rev'd Cricket Park, Rector

[rector@redeemerbethesda.org](mailto:rector@redeemerbethesda.org)

The Rev'd Dr. David Schlafer, Assisting Priest

[drdavidjschlafer@gmail.com](mailto:drdavidjschlafer@gmail.com)

Geoffrey Silver, Director of Music Ministries

[music@redeemerbethesda.org](mailto:music@redeemerbethesda.org)

Margaret Church, Bookkeeper

[accounting@redeemerbethesda.org](mailto:accounting@redeemerbethesda.org)

Bob Yates, Parish Assistant

[bob@redeemerbethesda.org](mailto:bob@redeemerbethesda.org)

Yaa Addison, P.R.A.Y. Coordinator

[PRAY@redeemerbethesda.org](mailto:PRAY@redeemerbethesda.org)

Parish Office

[office@redeemerbethesda.org](mailto:office@redeemerbethesda.org)

## VESTRY & OFFICERS

Marie Caulfield Senior Warden

301-365-3675 \* [mbcaulfield@verizon.net](mailto:mbcaulfield@verizon.net)

Jo Barclay-Beard, Junior Warden

301-789-4493 ▪ [jobbeard@yahoo.com](mailto:jobbeard@yahoo.com)

Randolph Court

202-441-9896 ▪ [rcourt@gmail.com](mailto:rcourt@gmail.com)

Bill MacBain

240-464-5330 ▪ [bill@macbain.us](mailto:bill@macbain.us)

Silvia Maza

301-949-2016 ▪ [silviamaza357@gmail.com](mailto:silviamaza357@gmail.com)

Katie Nickerson

301-229-2887 ▪ [kat29kn@gmail.com](mailto:kat29kn@gmail.com)

Rick Tyler

301-530-5460 ▪ [rjtyler1@gmail.com](mailto:rjtyler1@gmail.com)

Tim Yehl

301-229-4341 ▪ [tim@timyehl.com](mailto:tim@timyehl.com)

Jianping Zhou

301-983-1405 ▪ [jzhou519@yahoo.com](mailto:jzhou519@yahoo.com)

Steve Gibson, Treasurer

301-229-1168 ▪ [gibliu@verizon.net](mailto:gibliu@verizon.net)

Catherine Sands, Secretary

301-742-8342 ▪ [cgsands1@aol.com](mailto:cdsands1@aol.com)

## The Episcopal Church of the Redeemer

6201 Dunrobbin Drive at MacArthur Boulevard

Bethesda, Maryland 20816

Phone: 301-229-3770

Website: [www.redeemerbethesda.org](http://www.redeemerbethesda.org)

*The Parish Office is open Tuesday – Friday,*

*9:00 am – 4:00 pm*

*Please call prior to stopping by to ensure someone is here to greet you.*



Welcome to The Episcopal Church of the Redeemer in Bethesda, Maryland, a vibrant, growing parish community of “inquiring and

discerning hearts”, where all – the doubter, the seeker, and the believer – are welcome to join us in living and wrestling with the often difficult questions of faith. Here we value an Anglican spirituality – one that is open to the mystery of the Holy and which celebrates the dignity of human nature and the beauty of all creation. **Come. Be loved. Belong. Believe.**



## EMAIL

### Emails at Redeemer.

Cricket: [rector@redeemerbethesda.org](mailto:rector@redeemerbethesda.org)

Geoffrey: [music@redeemerbethesda.org](mailto:music@redeemerbethesda.org)

Yaa: [PRAY@redeemerbethesda.org](mailto:PRAY@redeemerbethesda.org)

Margaret: [accounting@redeemerbethesda.org](mailto:accounting@redeemerbethesda.org)

Bob: [bob@redeemerbethesda.org](mailto:bob@redeemerbethesda.org)

The office: [office@redeemerbethesda.org](mailto:office@redeemerbethesda.org)